

### CEASE Annual Card

Patient's name: \_\_\_\_\_ Date: \_\_\_\_\_

Other children seen by this practice: \_\_\_\_\_

Your name: \_\_\_\_\_

Relationship to patient (circle one):    Mother          Father          Other: \_\_\_\_\_

Do you now smoke tobacco?

Yes          No, quit in the past year          No, quit over a year ago          No, never

Does anyone else in your household smoke?    Yes          No

If so, who? \_\_\_\_\_

Do you have a smoke-free rule in your home?    Yes          No

Do you have a smoke-free rule in your car?          Yes          No          No car

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## How To Use the CEASE Annual Card

**Have the parent fill out the CEASE annual card at least once a year.**

This can be done at the front desk or while the child's vital signs are being taken.

**Circle the appropriate smoking status and smoke-free rule on the medical record sticker.**

If the parent circled *yes*, choose *current* for smoking status.

If the parent circled *no, quit in the past year*, choose *former* for smoking status.

If the parent circled *no, quit over a year ago*, choose *former* for smoking status.

If the parent circled *no, never*, choose *never* for smoking status.

**Put the sticker on the child's medical record to document the child's secondhand smoke exposure.**

The sticker allows for up-to-date medical record keeping.

**Throw out or shred the card once the sticker is on the child's medical record.**

**If the parent is a smoker, have the parent fill out the self-assessment portion of the CEASE action sheet.**

The sheet can be returned to the front desk, where it will be put in the medical record for the clinician to review, or the parent can take the form into the clinic visit with them. The parent who smokes should fill out the self-assessment portion of the CEASE action sheet at every visit.

**Replace the sticker when the smoke-free home and car rules change or when the parents' smoking status changes. Stickers should be replaced at least annually.**

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