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## Clinical Effort Against Secondhand Smoke Exposure



Talk to your child's doctor today about medications to help you quit smoking

### NICOTINE REPLACEMENT OPTIONS

#### PATCHES (OTC) *may be combined with other NRT*

Nicotine Patch			Initial: 1 patch/16-24hrs	Treatment Duration:
21 mg	14 mg	7 mg	MAX: Same as above	8 wks
(pack +/-day)	(10-15 cig/day)	(<10 cig/day)		

#### GUM (OTC)

Nicotine Gum			Initial: 1 piece every 1-2 hrs	Treatment Duration:
4 mg	2 mg		MAX: 24 pieces/24hrs	8-12 wks
(≥20 cig/day)	(<20 cig/day)			

#### LOZENGE (OTC)

Commit			1 loz/1-2 hrs (wks 1-6)	Treatment Duration:
2 mg			1 loz/2-4 hrs (wks 7-9)	12 wks
4mg			1 loz/4-8 hrs (wks 10-12)	

#### NASAL SPRAY

Nicotrol NS			Initial: 1-2doses/hr.	Treatment Duration:
10 mg/ml			MAX: 5 doses/hr or 40 doses/day	3-6 mos

#### INHALER

Nicotrol Inhaler			Initial: 6-16 cartridges/day	Treatment Duration:
10 mg/cartridge			MAX: 16 cartridges/day	3-6 mos

### NON-NICOTINE MEDICATION

#### BUPROPION HCL SR *may be combined with NRT*

Zyban			Initial: 150 mg/day (days 1-3)	Treatment Duration:
150 mg tablets			300 mg/day (day 4+)	7-12 wks
			MAX: 300 mg/day	

#### VERENICLINE *do not combine with NRT*

Chantix			Initial: 0.5 mg/once a day (days 1-3)	Treatment Duration:
0.5 mg tablets			0.5 mg/twice a day (days 4-7)	12 wks
			1 mg/twice a day (weeks 2-12)	

Do not use nicotine replacement therapy or non-nicotine medication while pregnant. Inclusion of this adult dosage chart is strictly for the convenience of the prescribing provider. Consult with the Physicians' Desk Reference for complete information and contraindications. This chart does not indicate or authorize insurance coverage for any of these medications. For insurance benefit coverage, contact insurance directly.